



# DVD Game



 Travelling Forward

 Running

 Travelling Backwards

 Big Jump

 Freeze/  
Balance

 Stop



## Actions on Command

QR code

## Description

"Fast forward" – running  
"Rewind" – backwards  
"Eject" – big jump  
"Pause" – can call out body part or points of contact for balancing  
"Play" – act your favourite DVD out, or a way of travelling

## Curriculum links

PD: Control Body Movements

## Equipment



ATHROFA LLYTHRENNEDD  
CORFFOROL CYMRU  
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PHYSICAL LITERACY

Remote control/ helpful to use flash cards with the symbols on

## Teaching Points

Ways of travelling:

- Skipping
- Hopping
- Jumping
- Galloping
- Elephant walk  
(watching an animal documentary)

## Number of children

All in!