



Traffic lights



Stop
Slow
Jump
Tractor



Walk
Medium
Hop
Motorbike



Run
Fast
Skip
Ferrari



Colours represent a
movement or action

QR code

Description

Different ways of travelling,
Different cars (motorbike,
tractor, Ferrari etc.)
Different speeds,
Different heights

Curriculum links

PD: Develop confidence and control
body movements

Equipment

A big space



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Teaching Points

The children could
use hoops around
them act as the car.

Encourage high
quality movements.

Number of children

All in!