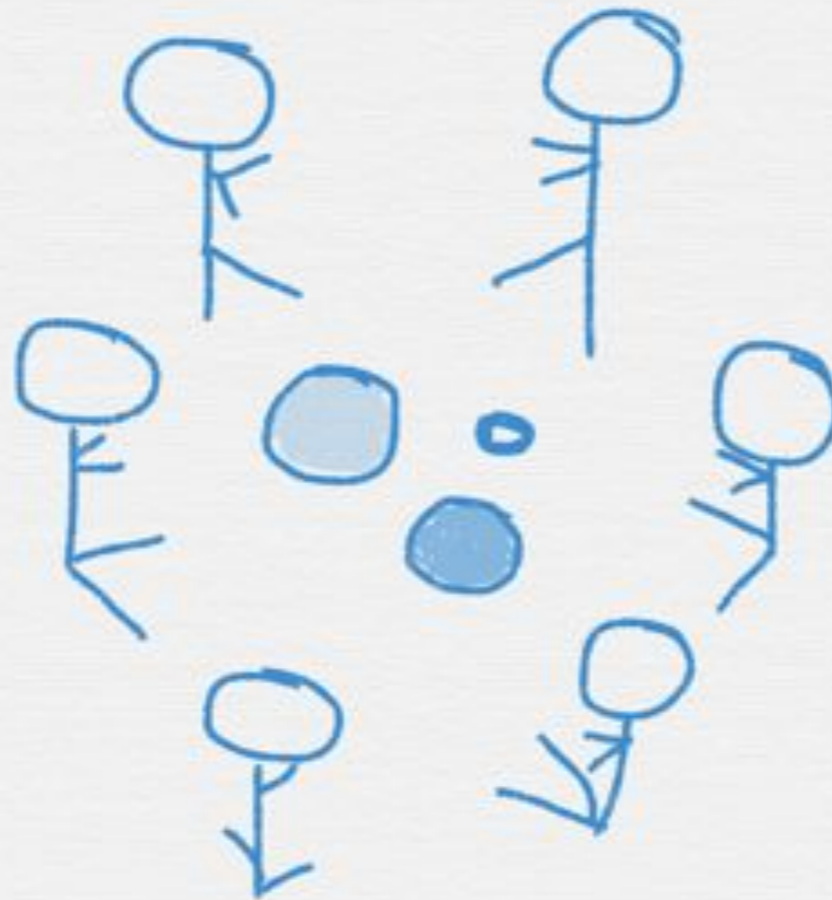




# Safe in the circle



Keep the balls inside the circle passing them around



QR code

## Description

All sit in a circle - teacher throws 3 different size balls into the circle - the children have to keep the balls inside the circle - the teacher walks around the circle and if the balls go out of the circle the teacher has them - aim is to stop that happening.

## Progression

- Encourage high quality movements:  
Underarm
- Arm swings downward and back
  - Contralateral step
  - Segmented body rotation

## Curriculum links

PD: Control body movement, develop gross motor skills.

## Equipment



Three different types of balls.

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## Number of children

Whole class or small groups (depending on space)