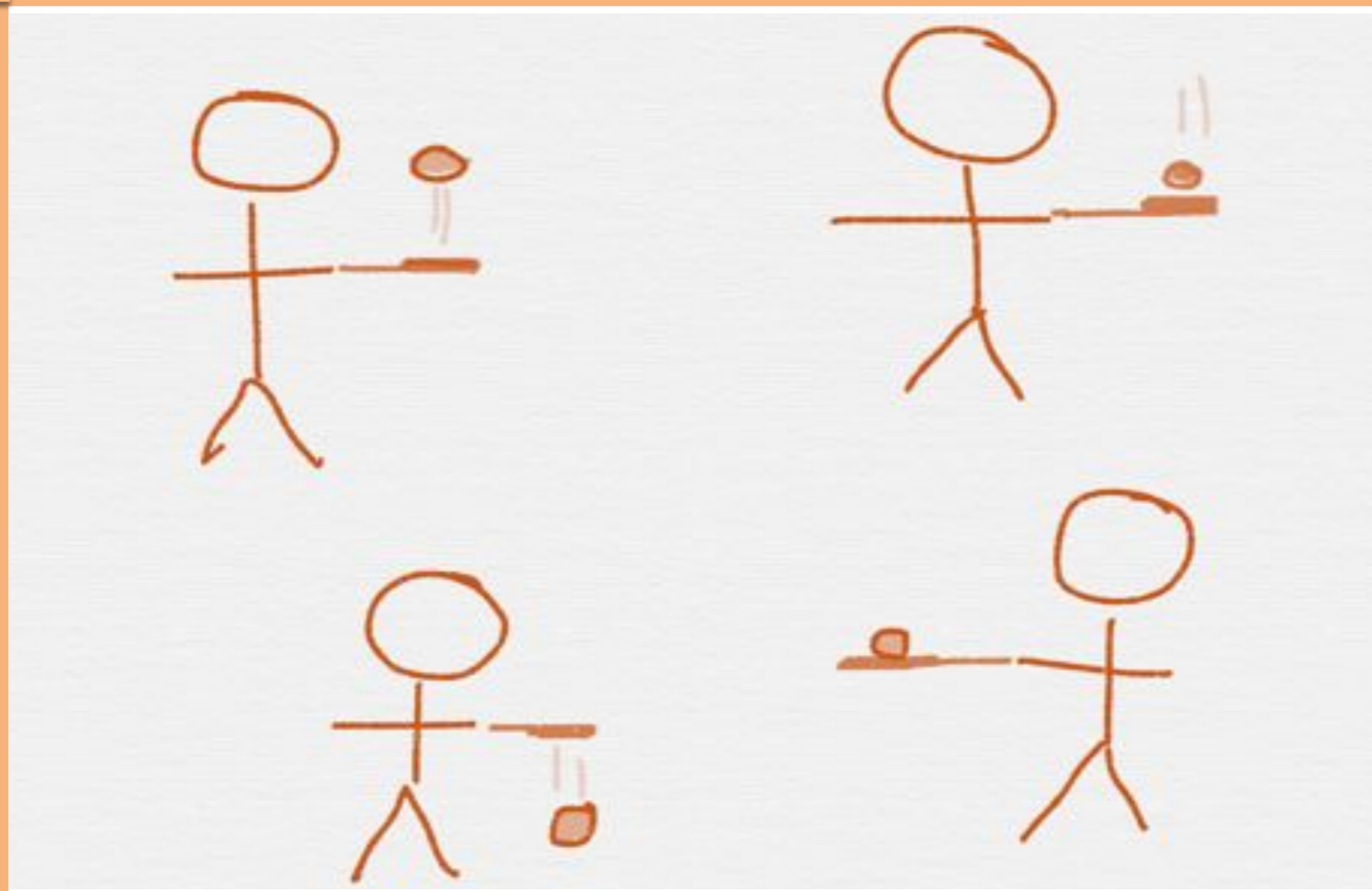




Obstacle or crazy tennis



Move around controlling the ball with the racket

QR code

Description

Controlling the ball by balancing, bouncing or tapping. Children move around the course (around the cones, on the spots etc).

Curriculum links

PD: Control body movement, develop gross motor skills.

Equipment

Rackets, sponge/tennis balls, cones, hoops, spots etc



ATHROFAEITHYRNEDD
CORFFOROL CYMRU
WALES INSTITUTE FOR
PHYSICAL LITERACY

Progression

Can also be used for learning activities within literacy and numeracy.

Number of children

Depending on amount of equipment whole class - small group.