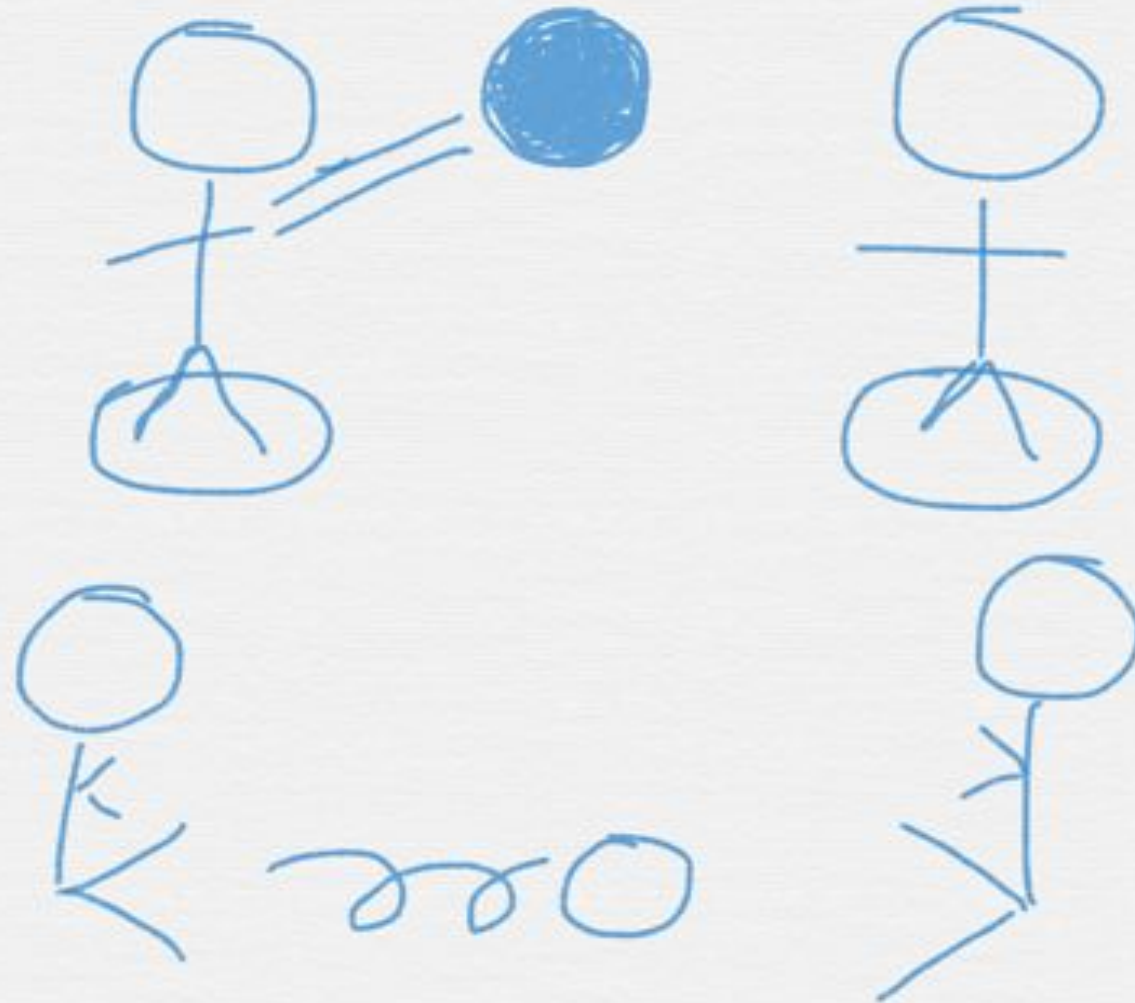


Me to you



Passing and receiving in a pair

QR code

Description

Passing and receiving between a pair. Standing on spots ("choose a number between _ and _"). Passes (to chosen number) and then moving the spots backwards. (also see cross the river).

Progression

- Encourage high quality movements:
- Underarm
 - Arm swings downward and back
 - Contralateral step
 - Segmented body rotation

Curriculum links

PD: Control body movement, develop gross motor skills.

Equipment

Choice of different balls, floor spots.



Number of children

Set up as garden, small group of children