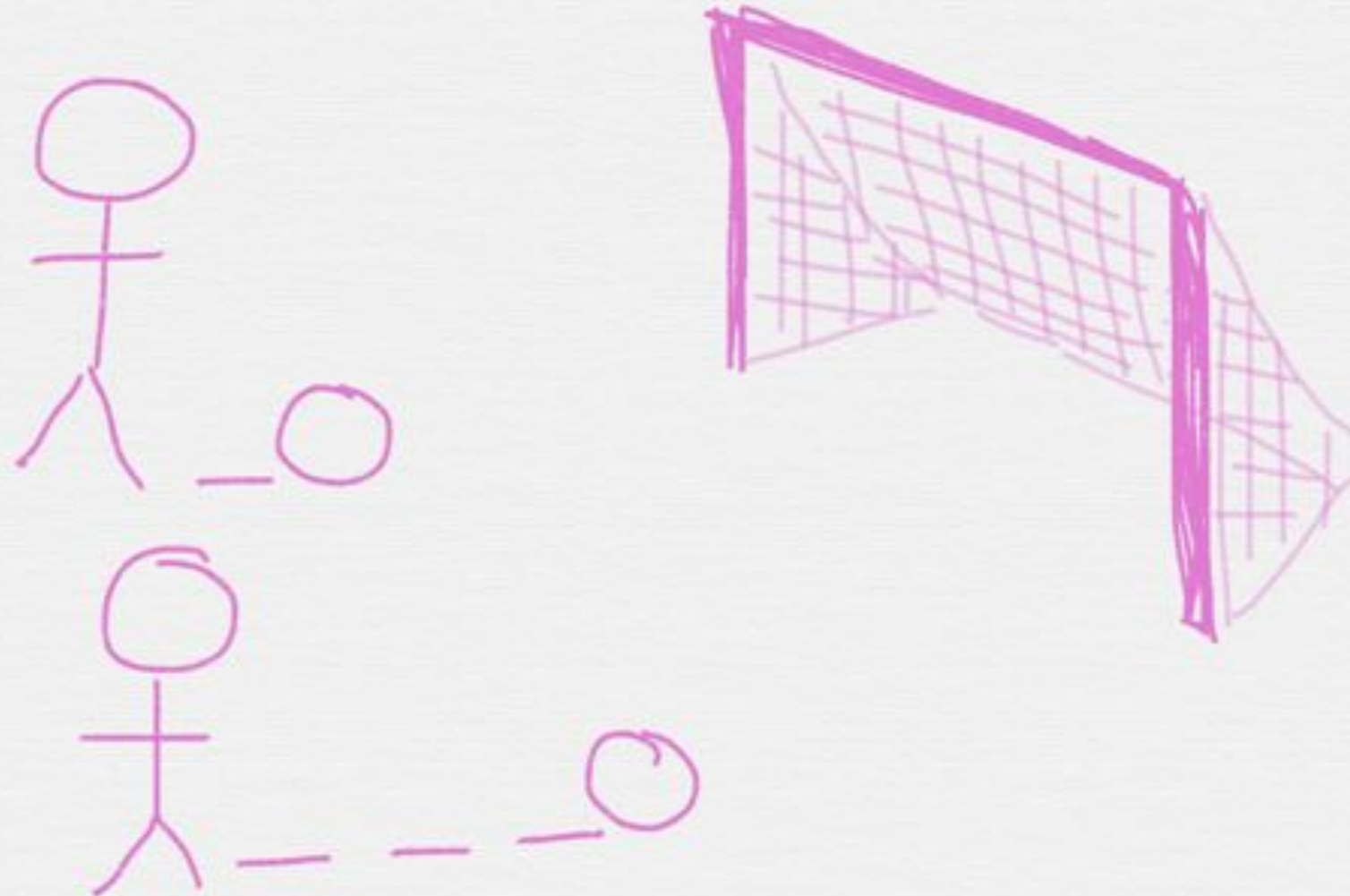


Crazy Shootout



Shoot at the goal, focusing on accuracy and technique

QR code

Description

Children are in pairs with a pop up goal and a ball. They take it in turns to shoot at the goal. The other person in the pair counts down to the kick. The child kicking starts close to the ball and works to develop a run up.

Curriculum links

PD: Control body movement, develop gross motor skills.

Equipment

Bigger size balls, small size footballs or similar, spots.



ATHROFA LLYTHRENIFFDD
CORFFOROL CYMRU
WALES INSTITUTE FOR
PHYSICAL LITERACY

Progression

- Encourage high quality movements:
- Rapid approach to ball
 - Leaps before kick
 - Backwards trunk lean during wind-up
 - Kicks hard
 - Hops after kick.

Number of children

Set up as garden, small group of children