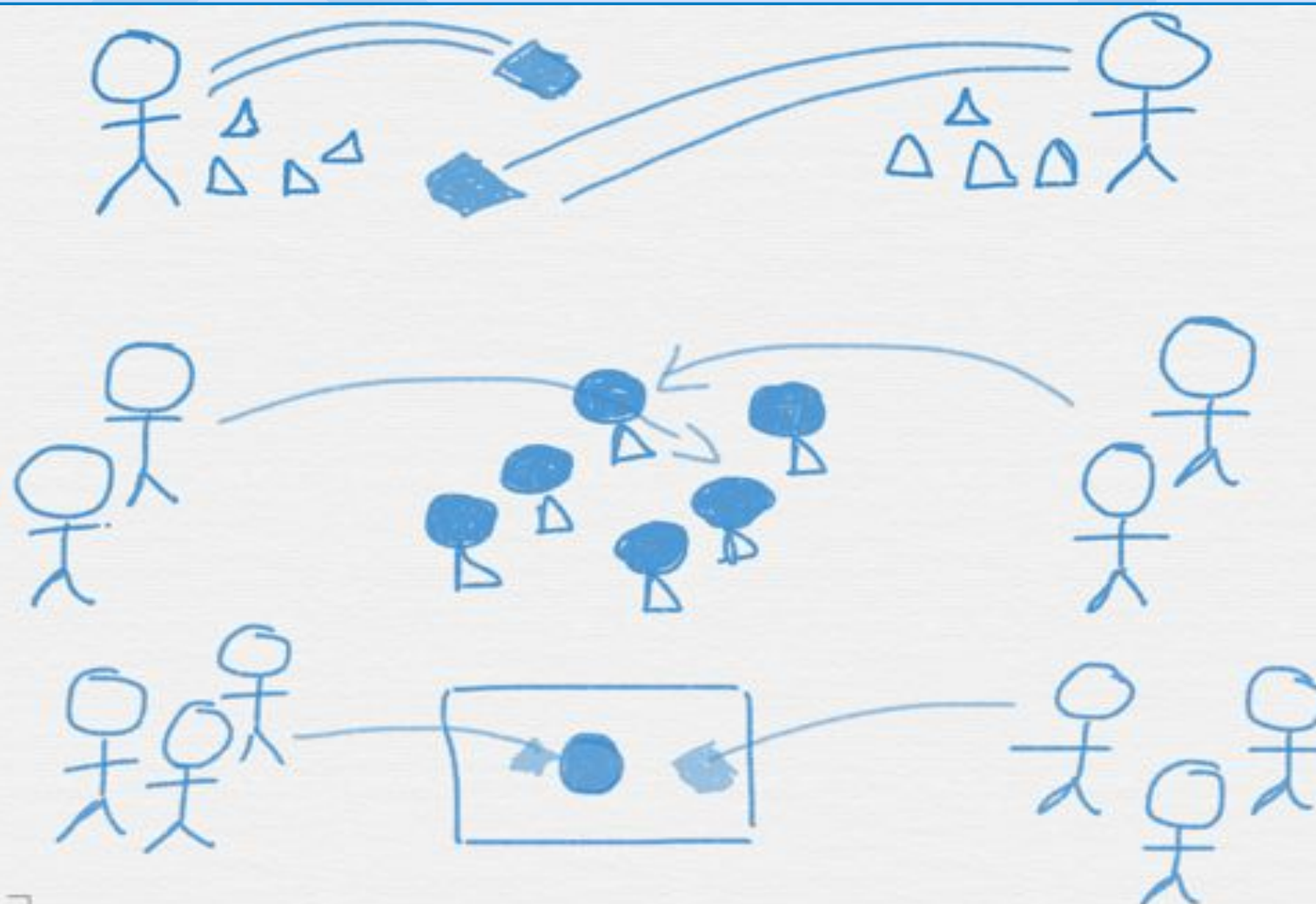




# Battleships



Throwing to hit a target

QR code

## Description

Game 1- in partners, each person has 4 cones in front of their feet. Aim is to hit your partner's cones with a beanbag that then would be yours. Winner is the person who has all the cones

Game 2 - in teams with two line of cones splitting the group, balls were placed on top of the cones, teams have to hit the opposing balls off the cones

Game 3 - in teams with a zone coned off between the teams - use a flat ball/ exercise ball in the zone the aim is to throw beanbags/ balls at the target ball to push it out of the other side of the zone (towards the other team)

## Progression

Encourage high quality movements:

Overarm

- Arm wind up
- Contralateral step
- Segmented body rotation

## Curriculum links

PD: Control body movement, develop gross motor skills.

## Equipment

Cones, different size balls, beanbags,



## Number of children

Set up as garden, small group of children.