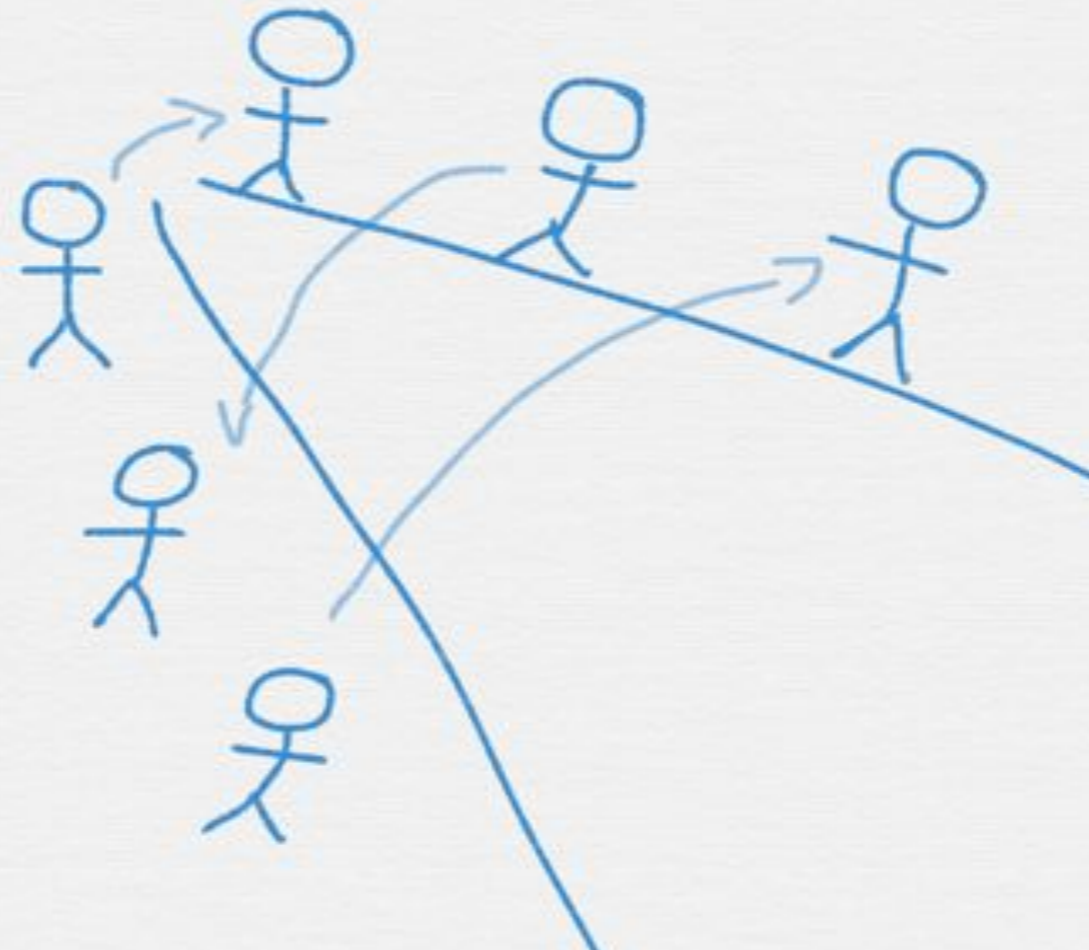




Across the Garden



Moving up the river as they become confident



QR code

Description

one of the pair on each side of the river - rolling or throwing to one another working up the river (moving away from each other)

Progression

- Encourage high quality movements:
- Underarm
- Arm swings downward and back
 - Contralateral step
 - Segmented body rotation

Curriculum links

PD: Control body movement, develop gross motor skills.

Equipment

Ball between two
Spots or lines to mark out the
river



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Number of children

Whole class or small groups (depending on space)